The Country Hen

Extra Large Brown 6 Count Carton

Nutrition Facts	on Facts * Percent Daily Values are based on a 2,000 calorie diet:				
Serving Size 1 egg (56g)		Calories	2,000	2,500	
Servings per Container 6	Total Fat Sat fat	Less than Less than	65g 20g	80g 25g	
Amount Per Serving	Cholesterol		300mg	300mg	
Calories 80 Calories from Fat 48	Sodium Potassium	Less than	2,400mg 3,500mg	2,400mg 3,500mg	
% Daily Value*			300g	375g	
Total Fat 5.3g 8%	Dietary Fiber 25g Protein 50a		25g 50g	30g 65g	
Saturated Fat 1.75g 9%				oog	
Trans Fat 0g	Fat 9 • Carbohydrate 4 • Protein 4				
Cholesterol 210mg 70%					
Sodium 80mg 3%					
Total Carbohydrate 0g 0%					
Protein 7g 14%					
Vitamin A 6% • Vitamin C 0%					
Calcium 4% • Iron 6%					
Not a significant source of dietary fiber and sugars.					